



WALK-IN DENTAL CLINIC OF ORLANDO
7932 W SAND LAKE RD, SUITE 105
ORLANDO, FL 32819

CARE OF MOUTH AFTER EXTRACTIONS

1. Continue biting on gauze for one hour. Following extractions some bleeding is to be expected. If persistent bleeding occurs, place new gauze pads over the bleeding area and bite firmly for one more hour.
2. Do not rinse mouth today. Tomorrow rinse mouth gently every 3 to 4 hours (especially after meals) using one-quarter teaspoon of salt to a glass of warm water. Continue rinses for several days.
3. Swelling. Ice bag or chopped ice wrapped in a towel should be applied to the skin opposite of the surgical area, one half hour on and one half hour off for 4-6 hours.
4. Pain. For mild pain use medicine you would normally use for a headache.
5. Food. A light diet is advisable during the first 24 hours. Avoid excessively hot, spicy, and hard foods which will irritate area of surgery.
6. Bony edges. Small sharp bone fragments may work up through the gums during healing. These are not roots; if annoying return to this office for their simple removal.
7. No smoking for 48 Hours.
8. No Carbonated Beverages.
9. No Drinking through straws.
10. No Spitting.
11. The proper care following oral surgery procedures will hasten recovery and prevent complications.
12. If any unusual symptoms occur call the office at once. 407-351-5691